



2018 ANNUAL GENERAL MEETING

Friday, November 02, 2018
6:00PM
Italian Club, Regina

Minutes

Attendees Attached (Appendix III)

- I. **Welcome to all members**
- II. **Motion to approve 2018 RMC AGM agenda –**
Seconded by: Mark Gibson
Vote: All in favour - yes
- III. **Motion to receive 2017 RMC AGM minutes –**
Seconded by: Jackie Hatherly
Vote: All in favour - yes
- IV. **President's report:** Erin Kiefer

Thank you everyone for coming tonight. Rather than calling this the President's report on the agenda, I should have called it thank-you hour, but I will try not to talk that long.

We had another great year, we usually do. There are many small frustrations and usually more tiny victories that all add up to be pretty great.

RMC has - what we think is - the largest non-profit multisport club in Western Canada. Last year we sold 377 memberships, of which – 26% were youth memberships. Our membership was 52% female and the average age of our members was 36.

Starting up after last year's AGM, we had our first ever Distance Swim and organized for a large group to participate in the Great White North Virtual Tri. We have plans for both these events again this winter. Endurance Journey hosted a Ring in the New Year indoor triathlon at the Fieldhouse and has plans for this event again on December 30, as well as an event on February 10 of 2019.

In 2019, Rob & Brendan are bringing back the Splash & Sprint at the Fieldhouse, this is scheduled for the evening of March 30.

A great cross section of RMC members won provincial awards from Tri Sask this past year, including: Rookie of the Year Nata Kolesova, Youth Athlete of the Year Molly Lakustiak, Volunteer of the Year Theresa Gibson, Female Long Course Athlete of the Year Maja Kralovcova, Male Long Course Athlete of the Year Jim Greenwood, Coach of the Year Sean Hooper, and Male Provincial Athlete of the Year Brennan Smith.

This race season we offered free swim clinics for BGMI & the Women's Race, and partnered with the RODS to set up the Lawson with swim buoys open water style for the Anna Rondeau Memorial Open Water Swim. We also have plans to partner with RODS on that event on June 2 2019.

As the lakes warmed up, Shaun Grundle & Rob Nelson launched the Race Ready Series, which consisted of 3 nights of swim/run race intervals and Brendan Mackenzie provided us with free coaching at those events.

Although we are always beating the bushes for volunteers, everything always comes together. We had about another 175 individual people volunteer this year. This was the first year we handed out free volunteer T shirts and we thought our Do Great Things t-shirts were a huge hit and really helped volunteers stand out. Seeing all the blue shirts also highlighted how many volunteers we have onsite at races.

Erin commented on registration stats, outlining memberships, events and training. It was noted that a late spring impacted Icebreaker events, particularly Kids of Steel participation. Construction was, and will be, a challenge for Rise & Tri. A re-organization of swim classes resulted in fewer swim offerings and less swim registrations. (Information attached in appendix I).

Club members also enjoyed gathering at races outside of the city, members gathered at races in Oliver, Stoney Plain, Calgary, Mont Tremblant and Riding Mountain and showed the strength of the RMC community.

Tarra has taken on the responsibility of leading the clothing orders and arranged for a second order of Relentless Motivated Confident hoodies and tank tops this fall, and has now also arranged for a BOGO hat order before Christmas. There will be another technical clothing order this winter.

Our junior team of 12 to 19 year olds had another very successful year with the team continuing to attract new talented recreational and competitive athletes. This summer all of the athletes had excellent performances at various events, including many podium and top 5 finishes at National events, which is truly phenomenal. Many of our athletes also won provincial titles. (Information attached in appendix II).

Again this year Western Cycle sponsored the Thursday Night Rides with a \$500 gift card, drawn based on participation. Thank you to Lou Schwindt and Tara Fuchs for leading these rides over the summer and congratulations to James Feuring, the winner of the gift certificate.

Also, without fail. Brianna Hodges & Lauren McLellan have been leading Friday Morning Run Crew since last fall. They meet every Friday morning at the U of R outside the pool doors. Run starts at 6am and you should all join them!

We were also proud to support Maja at the Ironman 70.3 World Championships in South Africa this fall with \$1000 from our Masters Athlete Fund. As we only had 1 applicant this year, the RMC will make up to \$7,000 available to athletes travelling to World Championship events in 2019 and in 2020. This will remain capped at maximum \$1000 per athlete, but with many people qualifying for, and accepting world championship spots at the Echo Lake Multisport Festival, we hope that this will help support more athletes who are planning to travel in 2019.

Thank you to our event sponsors Campbell & Haliburton Insurance, Spoke N Hot, Western Cycle, and Endurance Journey. Also thank you to Freddy at Dutch Cycle who provided free bike fits for juniors this winter. Also thank you to Mackie Equipment & Doug Mackenzie with Natasha Blaisdell Realty for sponsoring our new swim buoys. And thank you also to Level 10 who brought out equipment and staff to set up a free kids play zone at the Women's triathlon to keep the whole family entertained on race day.

V. Financial report: Katelle Gillingham

The RMC had another successful year.

The first page that I will start on is the statement of financial position which shows the assets, liabilities and net assets of the club at August 31, 2018. During the year the cash decreased significantly as the board chose to invest money in two term deposits totaling \$30,000, pay off the outstanding liabilities from the prior year and invested in equipment for the club.

RMC had a net loss of \$11,000 in 2017-18. The races and training held throughout the year were profitable. The main loss in the current stemmed from the youth program. Despite the loss the Club is in a healthy financial position with sufficient assets to cover liabilities. Due to the profits we were earned in the prior years our accumulated net assets is still \$50,000.

Our races were very successful this year with a total profit of about \$9,000 which is up from last year's profit of \$5,000.

Our adult training posted a total profit of about \$3,000. The profit decreased from the prior year as we offered less swimming with no Sunday night class or spring class. Cycling, brick training and strength training still saw similar classes and attendance in the current year.

The youth team is showing a deficit of about \$8,500 in 2018, however in 2017 the team had a profit of \$4,200. As this group grows and takes on more training time and more members we are working to smooth the costs and ensuring facility costs are being appropriately accounted for. In 2019 the youth team will take over overseeing their finances to ensure that revenues are in line with expenses.

The club incurred about \$30,000 of other expenses, which includes costs for our AGM, the bookkeeper that was brought on during the year and several equipment purchases made during the year such as the purchase of the arch, paddle board, swim buoys and a range

finder. The RMC did receive some very generous sponsorship for the purchase of some of this equipment.

As the club still continues to have a healthy cash balance, the Board has decided to continue with our Master's athlete fund to sponsor qualified athletes representing the club while competing at international championship events. A pool of \$5,000 will be divided equally among eligible athletes, to a maximum of \$1,000 per athlete. In the current year only one application was received therefore our expense was only \$1,000. As Erin noted the remaining \$4,000 will roll over into next year to be paid out with next years \$5,000.

Motion to receive the 2017-18 financial statement:

Seconded by: Brianna Hodges

Vote: All in favour - yes

Motion to forego a full audit of the 2018-19 financial statement and opt for a review:

Seconded by: Rob Nelson

Vote: All in favour – yes

VI. Terry Hooper Tenacity Award

James Lorenzen was recognized for his commitment to developing a University of Regina Triathlon Club and his community spirit.

VII. Proposed Bylaw Amendments: Rob Nelson

Rob proposed bylaw amendments. The amendments are significant in nature, and substantially align RMC's bylaws with TriSask's bylaws. Bylaws were last amended in 2017. Major changes from our old bylaws to our new ones include:

- Member categories changed from Adult and Youth (17 and under) to Adult, Junior (15-19) and Child (<15)
- Removed Section 4.1.b, that allowed a Member to be expelled by a 2/3 vote of the Board, and changed Section 4.1.a to make a maximum suspension of 2 years
- Board quorum changed from a majority of Board members to 60%
- Removed the requirement for a minimum of 3 Board members
- Added a provision to allow the Board to appoint Board members if there are vacancies after an AGM
- Added Section 7.4 which covers instances where a Director position is vacated for various reasons
- We require at least 4 Board meetings per year
- Club Members can attend Board meetings if they choose
- Notice of AGM is changed from between 7 and 50 days to 28 days
- Added a rule stating that questions/proposals at meetings of Members be resolved by a majority vote except bylaw changes which require 2/3 of the vote
- Signing authority for contracts and documents is any two Directors, one of which must be an Officer. The Executive Committee can also delegate authority to sign specific contracts and documents, such as needed at times by Race Directors
- Signing authority for Club funds is changed from any two Officers to any two individuals

Motion to adopt the revised bylaws as stated:

Seconded by: Tarra Dubreuil

Vote: All in favour – yes

VIII. Comments from the floor

IX. Elections

Thank you to Katelle Gillingham, Derrick Mann, Leah White, Theresa Gibson, and Erin Kiefer who are retiring from the Board.

Due to large turnover of Board this year, it is proposed that 2018-19 be a “reset” year, where half of the positions are elected for one year, and half for two, with the intention of staggering board turnover in future years.

President	Rob Nelson
Vice President	Tarra Dubreuil
Secretary	Doris Burdon
Treasurer	Gary Thiel
Website & Registrations	Deanne Selinger
Junior Team	Deb Bryden
Training & Facilities Coordinator	Kerri Hysuick
Volunteer Coordinator	Jamie Mimbs
Member at Large	Kaytlyn Criddle
Member at Large	Mike Parkinson

Call for nominations from the floor (repeated 3 times) – No nominations brought forward

Motion to approve the slate of candidates: Erin

Seconded by: Brianna Hodges

Vote: All in favour – yes

X. Prize draw: Jori Perras was the winner of a Kurt Kinetic prize package, drawn by Dane Stennes.

A prize was also drawn for participation in the Friday Morning Run Crew, Jennifer Seaman won a prize package from Fresh Air Experience.

XI. Motion to adjourn:

Seconded by: Theresa Gibson

Appendix I – Registration Stats

					Change 2016-17 to 2017-18	% Change
RMC Registrations	2014-15	2015-16	2016-17	2017-18		
Training Registrations						
Swim	125	170	219	149	(70)	(47)
Indoor Cycle	51	41	72	61	(11)	(18)
Brick	24	13	17	21	4	19
Strength	50	62	78	76	(2)	(3)
Total Training Registrations	250	286	386	307	(79)	(20)
Youth Program Participation						
Fundamentals (7 - 12)	48	50	36	37	1	3
Junior Rec & Comp (12 - 19)	12	19	23	29	6	21
Memberships Purchased						
Adult	304	258	294	279	(15)	(5)
Youth Memberships	67	96	79	98	19	19
Special Event Registrations						
Yoga & Beer events				29		
Distance Swim				64		
First Aid Training				10		
Virtual Tri				41		
Easter Break Free Swim Classes				40		
BGMI Swim Clinic				26		
Women's Swim Clinic				32		
Race Ready series				45		
Youth Summer Camp				15		
Race Registrations	2015	2016	2017	2018	Change 2017 to 2018	% Change
Icebreaker	100	108	137	110	(27)	(25)
Kids of Steel	124	117	109	75	(34)	(45)
See Jane Tri	139	0	0	0	0	0
See Dick Tri	26	0	0	0	0	0
Women's Only	48	53	125	149	24	16
Echo Lake	109	91	190	245	55	22
Rise and Tri	0	97	96	61	(35)	(57)
Total Race Registrations	546	466	657	640	(17)	(3)
AGM Attendance	Nov 2015	Nov 2016	Nov 2017	Nov 2018	Change 2016 to 2017	% Change
Members attended	39	57	66	-	9	16

Appendix II – Junior Team – Coach’s Report - Brendan MacKenzie, November 2, 2018

Our summer schedule had athletes racing in the following events:

Pike Lake, SK

We had strong results with placings as well as number of athletes attending races.

Kaelen Kolb placed 2nd overall and was our Provincial Champ at Living Sky (Western Qualifier for Nationals)

Natalia Kolesova placed 10th overall and was our provincial Champion in the Junior Girls.

Molly Lakustiak placed 1st with Ella Perras placing 2nd in the province for Youth Girls.

Alex Kolesova placed 2nd in the provincial Championships for Youth Boys.

Toronto ON

Kaelen Kolb and Natalia Kolesova both qualified to represent Sask at National Mixed Team Relay Championships.

They both had strong races and got to do the flying dive and helped Sask to place top 10 out of close to 20 teams.

Edmonton, AB

Edmonton saw a large group of Sask athletes competing and is a great venue with the ITU Elite race as well as a Mixed Team Relay. The kids got to meet a lot of the pros and watch them race.

We had strong performances as usual with Kaelen Kolb Placing 3rd overall.

Natalia Kolesova led our girls placing 4th overall just missing the podium!

Swift Current, SK

We had a lot of Sask kids at this event and it was great to see another Draft legal race in our province.

28 athletes in total competed in the Draft Legal Supersprint with 18 of them being from Saskatchewan.

We had 2 race formats with a Supersprint and a team Aquathon which was a blast as we had older stronger athletes with our younger and newer athletes which made for a fun race!!!

Kelowna, BC

This was to be National Championships for our U23/Junior athletes as well as a good opportunity to see where our youth are at across the nation. Unfortunately, due to smoke the events were all cancelled and our athletes really missed out. We put on a fun Team Sask indoor Aquathlon of girls vs the boys and still made something fun out of it. Everyone had a nice vacation in BC after.

Cross Country

Dryden Deobold was our PeeWee champ in the Novice division.

Henry Bristol won Bronze in the Bantam Boys Division.

Molly Lakustiak was our provincial champ in the youth Girls with Ella Perras winning the Bronze.

Molly, Ella and Natalia won the overall team championship for the Youth Girls.

Kaelen Kolb won the Bronze in the Youth Men's Division.

Kaelen, Molly, and Ella will go to Kingston to Represent the RMC and Sask at Nationals.

We had more kids racing this year than ever before and we had our first experiences at national event podiums.

We are getting more kids interested again this year and as our kids mature we are so excited to see where they go!

Kaelen and Nata still have 2 more years in Junior and we will have a big bump in our youth Athletes competing in the Junior division.

We are also really excited about Western Canada games in Swift Current this year and our kids are training hard to qualify to Represent team Sask!

Go RMC!

Appendix III – AGM Attendees

Aaron Van Dam	Leah Lakustiak
Alex Kolesova	Lou Schwindt
Beth Cannon	Mackenzie Kolb
Brenda Udahl	Mark Gibson
Brianna Hodges	Marlene Hooper
Chandra Mark	Michael Lakustiak
Chelsea Champagne	Mike Parkinson
Chris Gdanski	Molly Lakustiak
Corrie Heimbecker	Murry Gurski
Cory Kulczycki	Natalia Kolesova
Dane Stennes	Nathan Anderson
Deanne Selinger	Nicki Bayfield-Ash
Deb Bryden	Pat Mulvay
Derrick Mann	Patrick Ash
Dhon Gumban	Rick Warawa
Diane Chadwick	Rob Nelson
Diane Yachina	Russell Kohrs
Doug Cripps	Sandra Cripps
Duane	
Mombourquette	Scott Duncan
Ella Perras	Scott Kiefer
	Shari
Erin Kiefer	Mombourquette
Frankie Pelletier	Suzanne Louttit
Gary Thiel	Tara Fuchs
Heather Irvine	Tarra Dubreuil
Isiah Munro	Terry Allan
Ivan Kolesova	Terry Hooper
Jackie Hatherly	Terry Perras
Jaimie Mimbs	Theresa Gibson
James Dubreuil	Tyrell Barkway
James Lorenzen	Sean Hooper
JF Sirois	John Ash
John Law	Bruce Moore
Jori Perras	
Kaelen Kolb	
Karen Harasen	
Katelle Gillingham	
Katya Kolesova	
Kelly Medloski	
Krystle Ruzicka	